

ENERGY EFFICIENCY CHECKLIST FOR RENTERS

With the high cost of energy it's more important than ever to make your home as efficient as you can. There are lots of things you can keep an eye out for when you are looking for a new place to rent, and changes you can make after you move in (or even if you've been in your current home for a while).

If you rent your home there are small, low or no cost changes you can make that could help you to save energy while staying comfortable. Just remember the word **LIGHT** — **L**ighting, **I**nsulation, **G**lazing, **H**eating, and **T**ech!



L – LIGHTING

- ✓ Low energy lighting – switching all the bulbs in your home to energy efficient LEDs could save up to £65 a year.*



I - INSULATION

- ✓ Draught proofing doors and windows — install brushes or strips where there are draughts, including over letterboxes and keyholes or where there are gaps in the frame.
- ✓ Curtains across doorways — this can make a difference in reducing heat loss overnight.
- ✓ Chimney balloon — if you don't use your fireplace, a chimney draught excluder can prevent warm air escaping and could save you up to £90 a year.*



G – GLAZING

- ✓ Window proofing — thin film stuck to the window frame with tape can help keep heat inside, and there are DIY kits with magnetic or clip-fit removable systems which could make even more of a difference.
- ✓ Heavy curtains — using curtains made of thicker, heavier material can help keep the heat in at night.



H - HEATING

- ✓ Thermostatic valves — these let you control the temperature of each radiator, and you can use them to switch off the heating in rooms that aren't being used. If you already have a thermostat and programmer, installing thermostatic radiator valves could save £55 a year.*
- ✓ Radiator reflector panels — fitted behind radiators on external walls, these work by keeping more of the heat in the room.
- ✓ Adjust heating and boiler controls — the Energy Saving Trust have a [handy guide](#) to heating systems which can help you stay warm while also saving money. If you can turn your thermostat down by just 1 degree, it could save you up to £145 a year. For most, the lowest comfortable temperature to set your heating is between 18°C and 21°C according to the World Health Organisation.



T - TECH

- ✓ Ask your energy supplier for a smart meter at no additional cost — the in-home display shows you how much energy you're using in pounds and pence in near-real time. This could help you see where you can make changes to become more energy efficient. If you pay for the gas or electricity in your rented property, you can choose to have a smart meter. We recommend you tell your landlord before you get one.
- ✓ Turning off standby — switching off devices on standby, such as TVs, could save you up to £65 a year.*
- ✓ Smart plugs — you can set these to turn off all your appliances at once, or at certain times of day.

For more information about energy efficiency measures you can take as a renter, visit [smartenergyGB.org](https://www.smartenergygb.org)

Check with your landlord beforehand if you want to make any permanent changes.

*Savings based on a typical gas-heated three bedroom semi-detached home with gas tariff of 10.3p/kWh and electricity tariff of 34p/kWh. Energy Saving Trust, correct as of October 2022.