



Warmer World Cup checklist

- 1** Unplug or switch off appliances at the wall, rather than leaving them on standby
- 2** Draught-proof windows and doors
- 3** Only fill the kettle with the amount of water you need at the time
- 4** Turn off radiators and lights in rooms you're not using
- 5** Adjust your boiler's flow temperature to make heating more efficient
- 6** Wear lots of layers rather than one thick piece of clothing
- 7** Get a smart meter